



**KING'S**  
*College*  
**LONDON**

# Self-Knowledge In and Out of Illness



**3 and 4 May 2016**

Guy's Campus  
King's College London  
SE1 1UL

A two-day symposium exploring the role of self-knowledge in health care. All welcome, including staff, students and members of the public.

## **3 May, Greenwood Lecture Theatre**

*Morning (09.00 - 12.30)*

**Self-reflection in illness and health: literal and metaphorical?**

**Tony David** *King's College London*

**Metacognition for acting and deciding together**

**Nick Shea** *King's College London*

**Self-perception of weight: is a little knowledge a dangerous thing?**

**Fiona Johnson** *UCL*

**Big data, Big Brother and the internet of things: the challenges of implementing mobile health**

**Matthew Hotopf** *King's College London*

*Afternoon (14.30 - 17.30, followed by reception)*

**Psychological aspects of breast self-examination**

**Paul Norman** *University of Sheffield*

**Self-knowledge in diagnosis and self-diagnosis**

**Quassim Cassam** *University of Warwick*

**Skin self-examination**

**Fiona Cowdell and Judith Dyson** *University of Hull*

## **4 May, Harris Lecture Theatre, Hodgkin Building**

*Morning (09.00 - 12.00)*

**Genetic screening: tales from the real world**

**Christine Patch** *Guy's and St. Thomas' Hospitals*

**Hypochondria and self-re-calibration**

**Sherri Roush** *King's College London*

**Self-cultivation and self-knowing: knowledge as style**

**Sacha Golob** *King's College London*

*Afternoon (14.00 - 17.00)*

**"I just know" – experiences of self-managing acute exacerbations in COPD**

**Veronika Williams** *University of Oxford*

**What kind of knowledge can illness promote?**

**Havi Carel** *University of Bristol*

**Sailing close to the wind: models and metaphors for the self-management of diabetes**

**Tim Holt** *University of Oxford*

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